

Circle Y or N

NAME _____

CONSTITUTIONAL

Y	N	Fever
Y	N	Chills
Y	N	Malaise (body weakness)
Y	N	Fatigue
Y	N	Anorexia (eating disorder)

HEAD AND FACE

Y	N	Facial Pain
Y	N	Facial Pressure

EYES

Y	N	Eye Pain
Y	N	Red Eyes
Y	N	Watery Discharge
Y	N	Purulent Discharge (pus)
Y	N	Itchy Eyes
Y	N	Blurred Vision

ENT

Y	N	Earache
Y	N	Loss of hearing
Y	N	Nasal Congestion
Y	N	Nasal Discharge
Y	N	Sneezing
Y	N	Sore Throat
Y	N	Scratchy Throat
Y	N	Hoarseness
Y	N	White Patches, Mouth

CARDIOVASCULAR

Y	N	Chest Pain
Y	N	Palpitations (abnormal heartbeats)
Y	N	Racing Heart
Y	N	Lightheadedness
Y	N	Leg swelling

RESPIRATORY

Y	N	Shortness of Breath
Y	N	Wheezing
Y	N	Sleeping Upright/Extra Pillow
Y	N	Cough
Y	N	Dry Cough
Y	N	Productive Cough
Y	N	Clear Sputum
Y	N	Colored Sputum
Y	N	Vomiting Blood

GASTROINTESTINAL

Y	N	Abdominal Pain
Y	N	Abdominal Bloating
Y	N	Abdominal Cramps
Y	N	Menstrual pain
Y	N	Nausea
Y	N	Vomiting
Y	N	Diarrhea
Y	N	Unable to pass gas
Y	N	Constipation
Y	N	BRBPR (rectal bleeding)
Y	N	Melena (black tarry stools)

GENITOURINARY

Y	N	Dysuria (painful urination)
Y	N	Urinary frequency
Y	N	Urinary urgency
Y	N	Flank pain
Y	N	Supra-pubic pain
Y	N	Pelvic pain
Y	N	Dark urine
Y	N	Hematuria (blood in urine)
Y	N	Foul smelling vaginal discharge
Y	N	Missed menstrual period
Y	N	Suspected pregnancy
Y	N	Confirmed pregnancy

MUSCULOSKELETAL

Y	N	Diffuse Joint Pain (scattered)
Y	N	Muscle Aches, Generalized
Y	N	Back Pain
Y	N	Joint Swelling
Y	N	Joint Stiffness
Y	N	Back Muscle Spasm
Y	N	Pain in Other Joints
Y	N	Limping

INTEGUMENTARY

Y	N	Change in a mole
Y	N	An unusual growth
Y	N	Change in color of skin
Y	N	Change in skin texture
Y	N	Cracking of the skin
Y	N	Photosensitivity (sunlight)
Y	N	Skin lump
Y	N	Superficial skin pain

NAILS

Y	N	Yellow
Y	N	Difficult to trim
Y	N	Break easily
Y	N	Fingernail deformity
Y	N	Fingernail Discoloration

Y	N	Fingernail thickening
Y	N	Swelling of fingernail fold
Y	N	Toenail deformity
Y	N	Toenail discoloration
Y	N	Toenail thickening
Y	N	Swelling of toenail fold

BREAST

Y	N	Breast swelling
Y	N	Breast reddening
Y	N	Breast warmth
Y	N	Breast itching
Y	N	Breast lump
Y	N	Enlargement
Y	N	Decreasing in size
Y	N	Dimpling of skin
Y	N	“Orange peel” appearance
Y	N	Breast pain
Y	N	Nipple discharge
Y	N	Nipple inverted

NEUROLOGICAL

Y	N	Headache
Y	N	Confusion
Y	N	Dizziness
Y	N	Fainting
Y	N	Paresthesias (numbness, tingling)
Y	N	Saddle Paresthesia (numbness, tingling inner thigh)
Y	N	Leg numbness
Y	N	Migraine headache
Y	N	Leg weakness
Y	N	Tingling
Y	N	Difficulty walking

PSYCHIATRIC

Y	N	Insomnia (sleeplessness)
Y	N	Irritable
Y	N	Anxiety
Y	N	Depression
Y	N	Suicidal

ENDOCRINE

Y	N	Hot flashes
Y	N	Night sweats
Y	N	Muscle weakness
Y	N	Generalized weakness

HEMATOLOGIC AND LYMPHATIC

Y	N	Swollen glands
Y	N	Swollen glands, neck
Y	N	Easy bleeding
Y	N	Easy bruising
Y	N	Jaundice

